

The Free Yourself to Love Bible Study

A Letter for Group
Leaders, Teachers
and Facilitators

The most significant thing I have learned as a Christian is the need to be a great forgiver.

As Christians, we have been forgiven so much, but we are the cheapest forgivers around. We should be the best, leading the world by example! In our Christian walk, we learn to walk by faith, not by sight; well, I'm proposing that we forgive by faith and not by sight. This book will lead you through six reasons (excuses, really; they're never reasons when you consider the cost of Calvary) why Christians don't forgive when, in fact, we should be the kings and queens of forgiveness.

This study guide was birthed from my preparation for a class I taught on my new book: *Free Yourself to Love: The Liberating Power of Forgiveness*. To prepare for this class, I decided to comb through every sentence of each chapter to find the nuggets that I couldn't bear for someone to miss from the chapter. Each week the class received copies of "Jackie's must have nuggets." The class I taught was composed of men and women—each week we went through these must-have nuggets, and one of the participants described them as "cliff notes" for *Free Yourself to Love*. When the class ended, I realized that my "cliff notes" and quotes would help others who would like to work through my book on forgiveness. So I combined the class notes with the questions at the end of each chapter of the book. These notes, quotes, and discussion questions can be used in various venues: Bible study, Book clubs, SS Class, or home study groups.

Also available with these "cliff notes" from the book are DVD clips (each less than 5 minutes each; there are 8 clips for the study—not every chapter has a clip) of my teaching various aspects of the forgiveness message. These clips are available on this site to download—free of charge! The outlines are also free for downloading for your group.

To get the most out of a *Free Yourself to Love* study, I suggest that each participant have a personal copy of the book. As a leader, you can notify the participant to not only purchase the book but also go www.freeyourselftolove.com and download the outlines for the study.



I C O N K E Y	
	Question/Discuss
	Read The Bible
	Read FYTL
	Watch the Video

One Additional Suggestion: Look for the Icons that accompany the text. Each Icon will help direct you and the group through the Bible Study. For example, if you follow the Icons in the beginning of the Chapter 7 Outline:

Watch video segment #5 - The DVD Icon points out which video segment accompanies this Bible Study session.

“Revenge is our desire for justice, our desire to make offenders pay for their relational crimes against us.” p. 114 - The Glasses Icon directs you to quotes in the *Free Yourself to Love* book. Please note that each quote has a page number with it. These page numbers will help people find the particular quote you are reading and guide them to the questions that follow the various quotes. When you read this quote, you can mention that it is on p. 114 of *Free Yourself to Love*, and the participant will scan his or her copy of the outline, and find p. 114 and the corresponding quote.

Rom. 12:9; Deut. 32:35; Rev. 6:9-11; Prov. 24:29 - **The Bible Icon shows which Bible Verses are referenced if you wish to use them for reading or study.**

[Q] *Can you think of a situation where revenge harmed you more than the one it was intended for? Is revenge a dangerous boomerang?* - The [Q] Icon gives Questions for self reflection and group discussion.

Any questions that you may have as the leader/facilitator can be sent to Jackie@jackiekendall.com. A reply will come as quickly as possible.

One closing thought (please read to the group): We are most like Jesus, not when we are perfect, but when we are forgiving.

Fasten your seat-belt; you are getting ready for an incomparable freedom ride. Free yourself to love—such liberation is only possible through forgiveness. The best is yet to come—heroic forgiveness!

Thank you for wanting to help spread this liberating message to our spiritual siblings across our nation.

Blessings,

Jackie Kendall

President of Power to Grow Inc www.jackiekendall.com

